



## SURGERY PATIENTS

IMPORTANT – PLEASE READ CAREFULLY

- ☐ If you are over 49 years old, you **MUST** have an EKG prior to surgery.
- ☐ If you have a **HEART/CARDIAC** condition, The Sinus Center **MUST** have written clearance from your HEART/CARDIAC physician prior to surgery.
- ☐ If you normally require certain procedures or medication (such as antibiotics) prior to surgery, please inform your physician at The Sinus Center.

### MEDICATION:

The medications listed below increase bleeding time or increase the time it takes for blood to clot. To prevent excessive blood loss during surgery, you **MUST STOP** taking these medications *at least* two (2) weeks prior to your surgery. If your surgery has been scheduled within the next two (2) weeks and you are currently taking any of these medications, please call The Sinus Center immediately. If you are on a medication that is not listed and you are uncertain of its affects or if you feel that taking one of these medications is a medical necessity and you cannot STOP taking it prior to surgery, please call The Sinus Center immediately.

|                      |                        |           |
|----------------------|------------------------|-----------|
| Advil (ibuprofen)    | Ecotrin (aspirin)      | Orudis    |
| Aleve (naproxen)     | Excedrin (aspirin)     | Oruvail   |
| Anaprox (naproxen)   | Feldene (piroxicam)    | Ponstel   |
| Arthrotec            | Ibuprofen              | Relafen   |
| Aspirin              | Indocin (indomethacin) | Salflex   |
| Cataflam             | Lodine (etodolac)      | Tolectin  |
| Clinoril             | Mobic                  | Toradol   |
| Coumadin             | Motrin (ibuprofen)     | Trilisate |
| Daypro (oxaprozin)   | Nalfon                 | Voltaren  |
| Disalcid (salsalate) | Naprelan (naproxen)    | Warfarin  |
| Dolobid (diflunisal) | Naprosyn               |           |

CAREFULLY read the labels on all of your medications. This list is **most, but not all** medications that could cause complications. Please inform your physician of any medications that you take.

Failure to STOP using the medications listed (or any medication similar to the ones listed) at least two (2) weeks prior to your surgery, could cause your surgery to be rescheduled.

### CONTACT:

Call (228) 875-8291 and speak to Terrie Gill (Surgery Coordinator) with any question pertaining to this sheet of paper or your surgery. If she cannot answer your question, she will find someone who can.